



Palmyra Chamber of Commerce

# Chamber News

Your Daily Dose is Served...

## HANNIBAL REGIONAL HEALTHCARE SYSTEM

*"Your Health is Our Mission"*

Hannibal Regional Healthcare System (HRHS) is a state-of-the-art medical system that provides community healthcare and behavioral services to more than 125,000 area residents from Missouri, Illinois and Iowa. HRHS is comprised of Hannibal Regional Hospital, Hannibal Regional Medical Group and Hannibal Regional Hospital Foundation. The team is nearly 1,000 strong and is mission-driven, values-based and committed to preserving the vision and legacy of its founders.

The Hannibal Regional Healthcare System story began when community benefactors and leaders formed Hannibal's first hospitals - Levering Hospital in 1903 and St. Elizabeth's Hospital in 1914. The merger of these two organizations in the late 1980s led to another major milestone in the evolution of strong community-based healthcare.

In 1993 the new Hannibal Regional Hospital opened its doors on a 105-acre setting which is now a thriving healthcare campus. The hospital, a 99 bed facility, includes the James E. Cary Cancer Center located on campus and an award-winning home health agency. Hannibal Regional Medical Group includes a Vision Institute, seven Primary Care Clinics and Express Care at WalMart.

Wendy Harrington, President/CEO of the Hannibal Regional Hospital Foundation, shared updates on the latest technology and services.

The James E. Cary Cancer Center, a service of Hannibal Regional Hospital and the Hannibal Clinic, offers progressive cancer care and is fully accredited. The center recently began using a new linear accelerator which advances cancer care. The \$3 million dollar project was partially funded through the Hannibal Regional Hospital (HRH) Foundation's Believe Campaign. The linear accelerator allows for a quicker and more precise treatment for cancer patients.

The Chris Coon's Women's Care Unit has eight Labor, Delivery, Recovery, and Postpartum Rooms, and in 2009 became the first facility in Missouri to be designated Baby-Friendly. The Baby-



MRI (Cinemavision). Hannibal Regional Imaging Technologist Jon Buhlig helps patient Kim Hanlin from Palmyra, Missouri, with the Cinemavision goggles prior to an exam.



Inpatient Rehab. **"Hannibal Regional Inpatient Rehabilitation met all my expectations,"**

Bill Berry, Hannibal Regional Inpatient Rehab's first patient from Canton, Missouri. Kara Brewer, Physical Therapist, guides Mr. Berry back to better.

Friendly Hospital Initiative is a global program encouraging and recognizing hospitals and birthing centers that offer an optimal level of care for breastfeeding mothers and their babies. The Hannibal Public Schools' Parents as Teachers Program chose the Chris Coon's Women's Care Unit as their 2014-15 "Community Partner of the Year."

The Hannibal Children's Center is a learning center for children ages 6 weeks to 12 years. Team members, families and the community collaborate to provide the resources to develop a passion for learning through active participatory learning and interactive play.

Just opened October 1, 2015, the Inpatient Rehabilitation Unit at HRH provides individualized and goal-oriented programs to assist patients in returning to a normal lifestyle in the most independent setting possible. (To learn more about the new Inpatient Rehabilitation Unit read Chamber Briefs in this issue.)

Hannibal Regional's new MRI technology provides patients with a more comfortable imaging experience and physicians with more

detailed scans and enhanced diagnostic confidence. The quieter more spacious design reduces anxiety and also includes a feature called Cinemavision, which allows patients to watch a video during the exam. Hannibal Regional is currently the only facility in the tri-state area to offer Cinemavision.

Hannibal Regional Hospital Foundation works with donors and the community in growing and sustaining local healthcare services. Through donations and grants, the Foundation supports services and programs that benefit patients and their families. Events and activities have been created to help raise funds for specific projects. The Healthy Way Fitness Trail, completed in 2014 through generous donations, unites the campus and confirms the system's commitment to the health and well-being of the community. The Hannibal Cannibal, now in its 21st year, raises between \$40,000 - \$50,000; this year funds from the race will support the Inpatient Rehabilitation Unit.

More than 250 members strong, the Hannibal Regional Hospital Auxiliary helps patients, families and visitors in multiple ways. Auxiliary volunteers donate approximately 25,000 hours of service annually advancing the welfare and rendering service to HRH. Since 1993, the Auxiliary has raised over \$2,000,000 to support hospital services and provide improvements in equipment.

## Healthgrades Awards

Hannibal Regional is proud of its prestigious service excellence awards and 5-star ratings from Healthgrades for the quality of its interventional cardiology care and orthopedic joint replacement procedures. Healthgrades is the leading online resource helping consumers make informed decisions in order to find the right doctor, the right hospital, and the right care.

In January 2016, HRH received the Healthgrades 2016 Coronary Intervention Excellence Award™ placing Hannibal Regional in the top 5% in the nation for coronary interventional procedures. Hannibal Regional is the only hospital in Missouri to be in this top five percent. Further, Hannibal Regional was named one of America's 100 Best Hospitals for Coronary Intervention™, recognizing it among the top 100 hospitals in the nation for coronary interventional procedures.

Hannibal Regional was also honored with the Healthgrades 2016 Joint Replacement Excellence Award™ placing Hannibal Regional among the top 10% in the nation for joint replacement procedures. Related Healthgrades orthopedic accolades for Hannibal Regional include 5-Star recognition for total knee replacement procedures for the third year in a row (2014-2016), and 5-Star recognition for total hip replacement procedures for six consecutive years (2011-2016). In 2013 and 2014, HRH was recognized by Healthgrades with the Outstanding Patient Experience Award.

Hannibal Regional Healthcare System is committed to guiding you to better. Let them be your trusted guide to better health.



*Cardiology Group. Left to right: C. Todd Ahrens, President and CEO of Hannibal Regional Healthcare System, Pranav Parikh, MD, Chief Medical Officer of Hannibal Regional Healthcare System, Bob Crawford, Group Director, Cardiopulmonary Services for Hannibal Regional Healthcare System, Bassem Mikhail, MD, Interventional Cardiologist and Medical Director of Cardiology for Hannibal Regional Healthcare System, Maggie Foley, Associate Director, Quality Solutions for Healthgrades.*



*Orthopedic Group: Left to right: C. Todd Ahrens, President and CEO of Hannibal Regional Healthcare System, Trista Long, RN, Director Med Surg Orthopedics and Inpatient Rehabilitation for Hannibal Regional Healthcare System, Curtis Burton, MD, and Medical Director of Orthopedics for Hannibal Regional Healthcare System, Maggie Foley, Associate Director, Quality Solutions for Healthgrades.*



**Hannibal Regional  
Healthcare System  
Medical Campus**

# Chamber Briefs...

The Palmyra Chamber of Commerce held its monthly meeting Tuesday, February 9, at the Old Stone House Inn. President Brian Caldwell welcomed all including FBLA student representatives Austin Hebert and Brock Malone.

Caldwell shared that a committee is reviewing the Chamber Gift Certificates. Anyone with concerns about the gift certificates may share them by contacting the Chamber office at 573-769-0777 or palmyrachamber@gmail.com.

## SENIOR SERVICE AWARDS

The Lt. Governor's office is accepting nominations for the Senior Service Awards. If you would like to nominate an outstanding senior citizen whose service and dedication to our community has made a positive difference, the Chamber has the form, or it is available online at <http://ltgov.mo.gov/assistance-seniors/>. The nomination deadline is March 15.

## NEW INPATIENT REHAB UNIT AT HANNIBAL REGIONAL

Jami Leonard, Program Director for Hannibal Regional Healthcare System's new Inpatient Rehabilitation Unit presented an overview of this new service addition to the hospital. The unit opened October 1, 2015.

Led by medical director Dr. Brett Hosley, a neurologist at the Hannibal Clinic, an experienced interdisciplinary rehabilitation team serves patients who have sustained functional loss due to an illness or injury including stroke, spinal cord injury, neurological disorders, head injury, hip fractures and other orthopedic conditions. The staff; which includes nurses, physicians, physical therapists, occupational therapists, speech therapists and social workers; has one main goal: to provide treatment to assist patients in returning home or to the most independent setting possible.

Inpatient Rehabilitation is a thirteen bed unit, comprised primarily of companion rooms, as research has shown that companion rooms decrease length stays and the number of falls. The intimate setting affords more individualized and goal-oriented care to treat the patient physically, emotionally and socially.

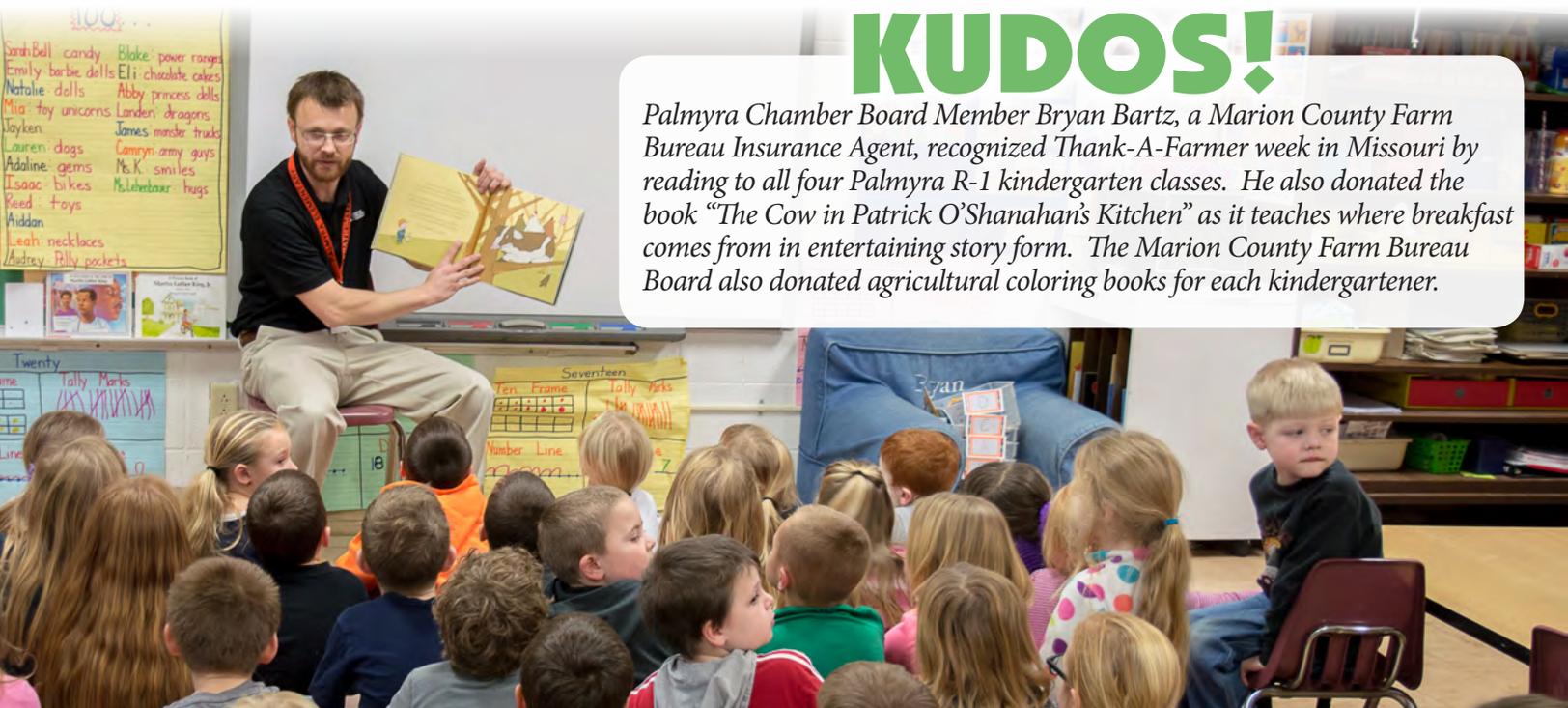
The new unit has a large activity room in which to practice daily living activities such as cooking and laundry. A gym provides space for physical therapy. Family members are encouraged to participate as rehabilitation team members.

Admission requires a physician referral and the potential to make significant gains in functional capabilities. Treatment is intensive, requiring at least two forms of therapy, three hours a day, five days a week. A patient must be medically stable and require 24 hour nursing and medical care.

Unlike a nursing home, a patient may be directly admitted to the Inpatient Rehabilitation facility where she will receive a higher level of therapy intensity. The length of stay is generally 12-14 days as opposed to a 120 day recuperation average in a nursing home. In addition, there is one nurse for every 6 – 8 patients.

## KUDOS!

*Palmyra Chamber Board Member Bryan Bartz, a Marion County Farm Bureau Insurance Agent, recognized Thank-A-Farmer week in Missouri by reading to all four Palmyra R-1 kindergarten classes. He also donated the book "The Cow in Patrick O'Shanahan's Kitchen" as it teaches where breakfast comes from in entertaining story form. The Marion County Farm Bureau Board also donated agricultural coloring books for each kindergartener.*



# Palmyra Chamber of Commerce

*Working Together for a  
Stronger Future for the Palmyra Area*

## CHAMBER MEMBERSHIP:

Have you renewed your Chamber Membership for 2016?  
Thinking of joining the Palmyra Chamber of Commerce?

Businesses with only 1-3 employees can join for only \$75.  
Not-For-Profit and Non-Business Individual Membership is  
also \$75, while Retired Individuals may join for \$25.

Membership runs January – December.

An application and more information are available on the  
Chamber website by clicking [HERE](#).

### CHAMBER MEMBERSHIP

It's time to renew your Chamber Membership for 2016!

Application available on the Chamber website:  
<http://www.showmepalmyra.com/chamber/MemberAp.pdf>

**DUE**

### UPCOMING MEETING DATES & PROGRAMS YOUR NEXT CHAMBER MEETING IS NOON

#### **Tues. March 8, 2016**

*Palmyra Nutrition Center. Betsy Rush, Edward Jones  
Financial Advisor in Palmyra, will present a program on  
Business Retirement Plans.*

#### **Tues. April 12, 2016**

*Lunch location to be determined. Rob Gramke, Missouri  
Section Chief –Regulatory Branch for the U.S. Army Corps  
of Engineers St. Louis District, will present a general  
overview of the U.S. Army Corps of Engineers Regulatory  
Program with emphasis on Section 404 of the Clean Water  
Act and regulated waters.*

**Chamber Email Address:  
[palmyrachamber@gmail.com](mailto:palmyrachamber@gmail.com)**



**Palmyra MO Chamber of Commerce**

## upcoming events CALENDAR

### **March 4**

*7pm - ?, Msgr. Farischon Hall ~  
St. Joseph's Annual Trivia Night*

### **March 11**

*5-8:30pm, Sesquicentennial Building ~  
8th Annual Kelly Behring Memorial  
Scholarship Fish Fry*

### **March 12**

*4:30 -7pm, Fabius Community House~  
Annual Hog Roast*

### **March 14**

*6:30pm, Marion County Courthouse~  
Heritage Seekers Meeting with Guest  
Speaker, Sgt. Kevin Coates, Marion County  
Jail administrator, on penal institutions.  
A tour of the old Marion County Jail will  
follow. The public is invited.*

### **March 15**

*6am-7pm ~ Missouri Primary Election Day*

### **March 17**

*St. Patrick's Day*

### **March 19**

*9:30am, Sesqui Building~ Princess Tea Party*

### **March 27**

*Easter*

### **April 9**

*10am, Marion County Fairgrounds ~  
Palmyra Young Farmer's Consignment Sale*

### **April 15**

*Deadline to complete Palmyra &  
Philadelphia Community Survey  
Details Click Here!*

### **April 16**

*10am-2pm, Sesqui Building~  
Autism Awareness vendor event*

### **April 19**

*Palmyra HS ~ ACT Testing for all juniors,  
including home school students*

### **April 23**

*City Wide Garage Sales*

### **April 30**

*5:00pm - ?, American Legion Hall ~  
Flower Children's Spring Fling Dinner &  
Auction for the American Cancer Society  
Relay For Life of Marion County*