

March '15



Palmyra Chamber of Commerce

Chamber News

Your Daily Dose is Served...

PALMYRA CHAMBER VISITS NUTRITION CENTER AND LEARNS ABOUT SERVICES

The Palmyra Chamber of Commerce held its monthly meeting Tuesday, February 10 at the Nutrition Center. President Rodney Kuntemeyer welcomed everyone. He thanked members for their support to make the January Annual Banquet so successful and extended special thanks to Past-President Michelle Merkel; event coordinator, Leanna Delaney, and Heather McChristian of HATS for catering the meal.

A discussion was held about the Chamber holding a one-day Spring event on the square to be called "Howdy Doody Neighbor." Ginny Kuntemeyer, Michelle Merkel, Brandy Peters, and Rachel Bringer-Shepherd are forming a committee to begin working out details and welcome your input and additional committee members.

Jill Pflantz, Director of the Palmyra Nutrition Center, was the guest speaker. She welcomed all to the facility, expressing how glad she was to have everyone there. Pflantz shared that the Nutrition Center began at the Methodist Church over 40 years ago and moved to its present location 30 years ago. She was been with the Center for 25 years and will retire in April. Tammy Nix has accepted the position and has the passion and the desire to begin.

"Our goal is to be a 'home away from home,'" shared Jill. The Nutrition Center provides food, information and referral, socialization, educational and recreational activities to the elderly and handicapped adults in Palmyra and the surrounding area. Services also include blood pressure screenings, air conditioners and fans, and a monthly newsletter.

Volunteers prepare and serve onsite and deliver about 55 meals a day, helping individuals stay in their



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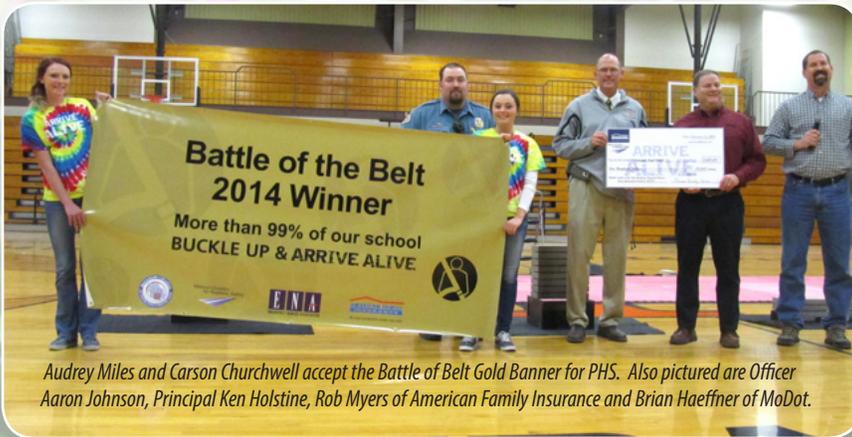
Jill Pflantz

homes a little longer. Jill and Mary Schaeffer are the only employees. Lunch is served from 11 a.m. – 12:15 p.m. Monday through Friday, and everyone is welcome. Cost for those under 60 years of age is \$7.00 per meal. For those 60 years of age or older, a contribution of whatever you can give towards the \$7.00 cost is suggested. No one is denied a meal.

The Palmyra Nutrition Center is a non-profit organization supported by meal contributions, private donations, the Northeast Area Agency on Aging, The Mark Twain Area United Way Agency, and various grants. Volunteers are the heart of the program. They assist with meal deliveries and food preparation. If you are interested in joining this dedicated team, please call 573-769-3358.

[Visit our web page!](http://www.showmepalmyra.com)
www.showmepalmyra.com

In the News!



Audrey Miles and Carson Churchwell accept the Battle of Belt Gold Banner for PHS. Also pictured are Officer Aaron Johnson, Principal Ken Holstine, Rob Myers of American Family Insurance and Brian Haeffner of MoDot.

Congratulations to Palmyra High School for taking the challenge to buckle up! One hundred and five (105) schools statewide, 19 in Northeast Missouri, participated in this year's Battle of the Belt Challenge, a competition to raise seat belt use among teens. PHS won the Northeast Regional award achieving Most Improved Seat Belt Use, increasing their seat belt use from 63.82% [first check] to 99.08% [second check]. The school received \$500 donated by American Family Insurance to be used for future seat belt educational programs at the school and was also awarded a Gold Banner.

DUE

CHAMBER MEMBERSHIP

If you haven't already done so, it's definitely time to renew your Chamber Membership for 2015!

Application available on the Chamber website. We will be updating the Business Directory on the Chamber website and only current members will be listed after March 31, 2015.

[Click here for Membership Form!](#)

upcoming events CALENDAR

March 8

Daylight Savings Time Begins

March 14

*9:30 – 11:30 a.m.: Princess Tea Party
Sesquicentennial Building*

March 16

*6:30 p.m.: Quarter Auction, Maple
Lawn Nursing Home*

March 17

St. Patrick's Day. Top of the Mornin' To Ya!

April 5

Easter

April 11

*10 a.m.: Palmyra Young Farmers'
Consignment Sale Flower City Park Arena*

April 18

9 a.m.: Story of HOPE Race Flower City Park

*5:00 p.m. - ?: Flower Children's Spring
Fling Dinner & Auction American Legion Hall*

UPCOMING MEETING DATES & PROGRAMS

YOUR NEXT CHAMBER MEETING IS NOON

Tues. March 10, 2015

HATS

Katie Doyle, with Doyle Manufacturing, will share information about the upcoming opening of the new Palmyra facility.

Tues. April 14, 2015

Luncheon at the Old Stone House Inn. Todd Ahrens, President and CEO Hannibal Regional Healthcare System will be our guest speaker.

**Chamber Email Address:
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 **Palmyra MO Chamber of Commerce**